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25 2013 Volume 24 2012  
Volume 23 2011 Volume 22  
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List of issues Journal of  
Essential Oil Research  
By Kristin Lail, Certified  
Aromatherapist. Journaling  
is a wonderful way to  
document your essential  
oils, recipes and important  
facts about your oils. Just  
like when a person writes  
out their thoughts and  
feelings as a way to get to  
know their inner self,  
journaling about your

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essential oils can help you  
develop a deeper  
understanding and  
appreciation for your oils.

Journaling for Essential Oil  
Enthusiasts - Naturally  
Blended

Six essential oils of a  
weedy Asteraceae, *Cassinia  
laevis* were analyzed by  
capillary gas chromatography-  
mass spectrometry (GC/MS).  
Flower oils were composed a-  
pinene (13.6-20.7%) and  
spathulenol...

Journal of Essential Oil  
Research

The oils, which were  
obtained by steam  
distillation f... ABSTRACT

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The chemical composition of the essential oils from Brazilian species of the genus Aristolochia are being reported for the first time.

Essential Oils from  
Brazilian Aristolochia:

Journal of ...

Home/Lifestyle/ 6 best essential oils for treating flu at home. Lifestyle 6 best essential oils for treating flu at home. Areeba Hussain September 6, 2018. 0 193 4 minutes read. Share. Tweet. Pin. 0 Shares.

Influenza or flu is one of the most common respiratory diseases. It is also one of the highly contagious respiratory condition that

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affects ...

## Notebook Journal

6 best essential oils for  
treating ... - Top Health  
Journal

Other major components  
present in essential oils  
are terpinen-4-ol (30.41%)  
of marjoram (*Origanum  
majorana* L.) essential oil,  
thymol (57.7%) of *Thymus  
vulgaris* essential oil,  
bicyclogermacrene (26.1%)  
and  $\beta$ -caryophyllene (24.4%)  
of *Lantana camara* L.  
essential oil,  $\alpha$ -thujone  
(41.48%) of *Salvia  
officinalis* L. essential  
oil, and  $\alpha$ -(-)-bisabolol  
(63%) of *Eremanthus  
erytropappus* essential oil  
...

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Essential Oils, A New  
Horizon in Combating  
Bacterial ...

Essential oils and  
massage/chiropractic. Animal  
massage therapists and  
veterinary chiropractors are  
well-poised to reap the  
benefits of combining  
essential oils with their  
treatment techniques.

Essential oils have been  
used in massage therapy for  
years to help soothe sore  
muscles and release stress  
and tension.

Essential oils in your  
practice - IVC Journal  
NVEO is the major OPEN  
ACCESS medium since 2014 for

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the publication new findings  
and research on natural  
volatiles and essential oils  
research and applications.

It is initiated by the  
permanent scientific  
committee of ISEO

(International Symposium of  
Essential Oils) during the  
45th meeting in 2014 in  
Istanbul. The journal is  
principally aimed at  
publishing initially the  
abstracts, thereafter the  
proceedings of the ISEOs,  
but is also a peer reviewed  
journal for publishing  
original research ...

NVEO | Natural Volatiles &  
Essential Oils  
Journal of Essential Oil

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Research, Volume 32, Issue 5  
(2020) Review . . . .

Employing predicted response factors and a validated chromatographic method for the relative quantitation of holy basil essential oils. Noelle Joy , David Berle , James Affolter & Ronald B. Pegg . Pages: 407-418.

Journal of Essential Oil  
Research: Vol 32, No 5  
Essential oils are extracted from plants and thus may be useful as “natural product herbicides” for organic farming systems. Send article to Kindle To send this article to your Kindle, first ensure no-reply@cambridge.org is added

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Herbicide effects of essential oils | Weed Science ...

American Journal of Essential Oils and Natural Products is a peer-reviewed journal, published quarterly (four issues per year). The prime focus of the Journal is to publish articles related to the current research trends in essential oils, pharmacognosy, natural products chemistry, and chemical ecology.

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Essential Oil Journal

Severe acute respiratory syndrome coronavirus 2 (SARS-CoV-2), also known as coronavirus disease-2019 (COVID-19), is a pandemic disease that has been declared as modern history's gravest health emergency worldwide. Until now, no precise treatment modality has been developed. The angiotensin-converting enzyme 2 (ACE2) receptor, a host cell receptor, has been found to play a crucial role in ...

Geranium and Lemon Essential Oils and Their Active ...

Purpose: Information to

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guide clinicians in educating and advising patients using or intending to use essential oils for self-administered aromatherapy or other medicinal purposes is presented. Summary: The term essential oils refers to highly concentrated, aromatic oils extracted from plants by steam distillation, hydrodiffusion, or pressure.

Essentials of essential oils  
6 Essential Oil Blends to  
Try 1. Soothe Blend. Best  
for relieving stress and  
anxiety. Add to an essential  
oil rollerball: 14 drops of  
lavender; 2 drops of

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chamomile; 8 drops of  
eucalyptus; 10 mL (or .3  
ounces) olive oil or coconut  
oil; 2. Headache Relief  
Blend. Best for soothing  
headache tension and  
promoting mental clarity.  
Add to an essential-oil  
rollerball:

Benefits of 10 Powerful  
Essential Oils - Yoga  
Journal

Essential oils and  
fragrances can be applied on  
the textile substrates as  
micro/nanocapsules to  
prolong lifetime by  
controlling the release  
rate. The present review  
tries to give a general  
overview on the application

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of micro/nanoencapsulated  
essential oils on the  
textile substrates to  
achieve aromatherapy  
textiles.

Micro/nanoencapsulation of  
essential oils and  
fragrances ...

(2007). Antimicrobial  
Activity of Essential Oils  
from *Vetiveria nigritana* and  
*Vetiveria zizanioides* Roots.  
*Journal of Essential Oil  
Bearing Plants: Vol. 10, No.  
6, pp. 519-524.*

Antimicrobial Activity of  
Essential Oils from  
*Vetiveria* ...

For anyone wanting to commit  
to their journal while they

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drink their morning coffee or tea, diffuse Kumquat to brighten and uplift your senses. It can help give you that motivating pick-me-up you need to stick with your goals and blends wonderfully with grounding essential oils, like Frankincense, Patchouli, and Vetiver.

## 5 Essential Oils to Support Journaling - Everyday Essentials

Thyme, clove, rose, eucalyptus, fennel and bergamot are sources for essential oils that suppress the inflammatory COX-2 enzyme similar to resveratrol according to research published by Mariko

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Hotta, Rieko Nakata, Michiko Katsukawa, Kazuyuki Hori, Saori Takahashi, and Hiroyasu Inoue in the Journal of Lipid Research in 2010. All six of these oils had a minimum 25% effectiveness in reducing inflammation in cells.

What are the Benefits of  
Essential Oils? | Research  
Summary

Health benefits of Nutmeg  
essential oil 6.9 The health  
benefits of nutmeg oil  
consist of its capability to  
deal with stress, pain,  
menstrual cramps, heart  
disorders, indigestion, ...  
Essential Oils

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Essential Oils | Health  
Benefits - Part 6

\*Caution: Essential oils are highly concentrated and should be used with care. Dilute essential oils as directed, do not exceed dilutions recommended. Pure essential oils can be irritating to skin. For adult use only. Keep out of reach of children. Not for internal use. Avoid contact with eyes.

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